The Behavior Toolboxes - 2014

The Behavior Toolbox series is based on intervention strategies which give clear options for managing emotional and behavioral issues. The majority of the strategies suggest interventions to deal with particular concerns but many will also provide valuable education or offer ideas for further thought or discussion. The series is designed for use on any computer or mobile device via the Internet.

Child Behavior Toolbox (CBT) – Infancy to 12 Years

Child Behavior Toolbox is the longest standing edition of the series. The first commercially available versions were produced on CD-ROM and were widely used in education and mental health. The current edition is online and supports professionals in education, mental health and healthcare. It covers a diverse range of behavioral concerns addressing 80 distinct behaviors under 11 major subject areas including oppositional defiance, selective mutism, compliance, teasing, bullying, anger, anxiety, cyber abuse and social problem solving. Results can be tailored for use at home, preschool, school and in therapy.

Adolescent Behavior Toolbox (ABT) – 12 to 18 Years

ABT was developed to extend support for education and mental health professionals into the older age groups through to adulthood. It is a continuation of CBT but deals with the specific behaviors experienced in the 12 to 18 age group. As with all the Toolbox editions ABT offers assistance dealing with age related issues and covers such topics as self esteem, suicide intervention, communicating with teens, sexuality, conversational skills, developing friendships, substance abuse, and many more important subjects.

Autism Behavior Toolbox (AuBT) – 5 to 12 Years

This edition is specifically designed to support teachers and their assistants in managing the behavior of children with autism and to provide mental health and healthcare professionals with a good working knowledge of autism treatment. Teachers will also find it an effective tool for working with parents in a truly collaborative manner. The concept of AuBT continues in the same tradition as the other editions where parameters based on age, context and specific behavior return a range of research based intervention strategies. Topics include classroom modification, academic accommodations, play and leisure skills, behavior in the community, compulsions and fixations, sensory issues and personal safety. These can be further refined based on more detailed knowledge about the child and their environment.

Family Behavior Toolbox (FBT) – 2 to 12 Years

The Family Edition is intended for parents and family members who wish to deal with some of the behavioral challenges in raising children between the ages of 2 and 12. In addition to the intervention strategies the Family Edition includes background information to help parents and families understand some of the developmental issues and how to manage them. Topics areas include anxiety, anger, fears and phobias, making friends, shyness, compliance and sibling rivalry. Families can gain access to FBT through their education, mental health or healthcare professional or their library system, or they can acquire their own license at www.familybehaviortoolbox.com

Autism Family Toolbox (AFT) – 2 to 12 Years

Autism Family Toolbox is a resource for parents and family members raising children with autism spectrum disorder between the ages of 2 and 12. Autism Family Toolbox not only gives a choice of intervention strategies to deal with real-time issues like meltdowns or anxiety but it will also provide practical help to deal with new and existing challenges such as visiting the dentist or going to a restaurant. Autism Family Toolbox offers real help to parents every day regardless of location or whether access is from a computer or mobile device. It is a unique and trusted resource which is evidence based and has been researched with the utmost care by the same team responsible for the other Toolbox Editions. Topics cover communication, social emotional adjustment, sensory issues, social skills, enhancing success and safety. AFT has its own web site at www.autismfamilytoolbox.com

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